

Learn to swim timetable

Term One 2024

FRIDAY

10 lessons: 2 February – 5 April **\$99**
No lessons 29 March

| | |
|---|------------------------|
| Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner | 3.45pm – 4.15pm |
| Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner | 4.15pm – 4.45pm |
| Advanced Preschooler, Beginner, Advanced Beginner, Learner | 4.45pm – 5.15pm |
| Preschooler, Beginner, Advanced Beginner, Learner | 5.15pm – 5.45pm |
| Development Squad | 5.30pm – 6.15pm |

SATURDAY

10 lessons: 3 February – 6 April **\$110**

| | |
|--|-----------------------|
| Beginner, Advanced Beginner, Learner | 8am – 8.30am |
| Preschooler, Advanced Beginner, Advanced Learner | 8.30am – 9am |
| Waterbabies, Preschooler, Advanced Preschooler | 9am – 9.30am |
| Confidence, Beginner, Toddlers | 9.30am – 10am |
| Beginner Preschooler, Preschooler, Beginner | 10am – 10.30am |

SUNDAY

10 lessons: 4 February – 7 April **\$110**

| | |
|---|-----------------------|
| Beginner, Advanced Beginner, Learner | 8am – 8.30am |
| Preschooler, Advanced Preschooler, Advanced Learner | 8.30am – 9am |
| Confidence, Beginner, Advanced Beginner | 9am – 9.30am |
| Preschooler, Confidence, Advanced Beginner | 9.30am – 10am |
| Preschooler, Beginner, Learner | 10am – 10.30am |

Todd Energy Aquatic Centre Swim School reserves the right to change the instructor if the need arises.

If you have children under eight years attending lessons please DO NOT leave the pool surrounds. Our programme never replaces a parent's vigilance when it comes to children's safety in and around water.

Children under the age of eight must be actively supervised by a caregiver over the age of 16 years.



Visit www.npdc.govt.nz/learntoswim for information on prices, programmes and membership
 Phone: 06-759 6060



FSC
 Mixed Sources
 Product Group from well-managed
 forests and other controlled sources
 Cert no. SCS-COC-812127
 www.fsc.org Cert no. C-OC-1199
 © 1996 Forest Stewardship Council

The paper used is manufactured using Elemental Chlorine Free (ECF) pulp sourced and is FSC Chain of Custody Certified.

Continued on back page >



Swimming is an asset

Learning to swim has obvious benefits. Did you know it also enhances the social, emotional and physical well-being of your child? Feel comfortable in the knowledge your child will build self esteem while learning essential water survival skills.

Get the most out of swim lessons!

Swimming, like any other physical activity, is based on development levels. Consider swimming year-round to optimise development skills.

Lessons run for 25 minutes.

ADULT LESSONS

MONDAY - 8 lessons (29 Jan – 25 March) \$100

No lessons 11 March and 1 April

Adult Advanced 5.30pm – 6pm

TUESDAY - 9 lessons (30 Jan - 2 April) \$112.50

No lessons 6 February

Adult Beginner 10am – 10.30am

WEDNESDAY - 10 lessons (31 Jan – 3 April) \$125

Adult Intermediate 5.30pm – 6pm

Adult Beginner 5.45pm – 6.15pm

Our Swim School does not operate on a roll-over system, therefore you will need to re-enrol each term.

**One-on-one lessons available
\$35 per half hour**

**Enquiries at reception or the swim office
06-759 6060
swim.school@npdc.govt.nz**

MONDAY

8 lessons: 29 January – 25 March \$88
No lessons 11 March and 1 April

Preschooler, Beginner, Advanced 3.45pm – 4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15pm – 4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45pm – 5.15pm
Advanced Beginner, Learner

Development Squad 4.45pm – 5.30pm

Preschooler, Beginner, Advanced 5.15pm – 5.45pm
Beginner, Beginner 9 - 16 years

TUESDAY

9 lessons: 30 January – 2 April \$99
No lessons 6 February

Beginner Preschooler 10.30am – 11am

Preschooler 11am – 11.30am

Advanced Preschooler 11.30am – noon

Preschooler, Beginner, Advanced 3.45pm – 4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15pm – 4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45pm – 5.15pm
Advanced Beginner, Learner

Development Squad 4.45pm – 5.30pm

Confidence, Beginner, Advanced 5.15pm – 5.45pm
Beginner, Learner

WEDNESDAY

10 lessons: 31 January – 3 April \$110

Preschooler, Beginner, Advanced 3.45pm – 4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15pm – 4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45pm – 5.15pm
Advanced Beginner, Learner

Development Squad 4.45pm – 5.30pm

Preschooler, Beginner, Advanced 5.15pm – 5.45pm
Beginner, Learner

THURSDAY

10 lessons: 1 February – 4 April \$110

Preschooler 10.30am – 11am

Beginner Preschooler 11am – 11.30am

Toddlers 11.30am – noon

Preschooler, Beginner, Advanced 3.45pm – 4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15pm – 4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45pm – 5.15pm
Advanced Beginner, Learner

Development Squad 4.45pm – 5.30pm

Confidence, Beginner, Advanced 5.15pm – 5.45pm
Beginner, Beginner 9 - 16 years

Development Squad 5.30pm – 6.15pm