



Your guide to



bokashi composting



What is it?

Bokashi is a way to compost all kinds of food scraps, even things that you might not normally put in a compost bin or feed to worms. It requires a fermentation powder called 'Zing'. Zing ferments the compost like a pickle. It contains sawdust, molasses, and micro-organisms. You can purchase zing from a bin supplier. You use two buckets, one on top of the other, and put your food scraps in the top one. The liquid that comes out goes into the bottom bucket. It's best to have two sets of buckets, one that you're filling and one that is composting. Store the buckets in a place away from the sun.

What to add?

You can put in things like fruits, veggies, coffee grounds, tea bags, cooked foods like bread and pasta, and even things like cheese, eggs, meat, fish, and small bones.





What not to add?

Unlike other composting methods, you should not add carbon-based materials (“browns”) such as paper, cardboard, or garden waste. Also avoid liquids such as dairy, juice, oil, soups, large meat bones, and plastic wraps.

How to Bokashi:



1. To use Bokashi, cut your food scraps into small pieces no bigger than a golf ball and keep them in a container on your kitchen counter.



2. Once or twice daily, put the scraps into the Bokashi bucket and push down on them to get rid of any air.



3. Sprinkle 1-2 tablespoons of Zing over every 6 centimetres of scraps, then close the lid tightly.



4. Every few days, drain the liquid that collects at the bottom.



5. The food waste will start to smell like pickles and have white mould on top, which means it's working properly. Keep layering food scraps, squashing and adding a sprinkle of Zing until the bin is full.



What to do when the bin is full?

Once full, seal and leave in a warm and sheltered place. Continue to drain the liquid.

Start using the other set of buckets for your food scraps.

After 10-14 days your bokashi is ready to be added to your compost or worm farm as a 'green layer' or buried in the ground.

If you don't have a garden or compost bin, consider giving the contents to a neighbour or find someone via the 'ShareWaste' app.

What to do with the liquid?

Dilute the liquid by adding 3 tablespoons of liquid to every 5 litres of water.



You can use the liquid as a plant fertiliser. Pour this onto the soil or the base of plants to help keep them healthy.

Thanks!



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