

Learn to swim timetable

Term Four 2023

FRIDAY

10 lessons: 13 October – 15 December \$110

Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner **3.45pm – 4.15pm**

Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner **4.15pm – 4.45pm**

Advanced Preschooler, Beginner, Advanced Beginner, Learner **4.45pm – 5.15pm**

Development Squad **4.45pm – 5.30pm**

Preschooler, Beginner, Advanced Beginner, Beginner 9 - 16 years **5.15pm – 5.45pm**

SATURDAY

10 lessons: 14 October – 16 December \$110

Beginner, Advanced Beginner, Learner **8am – 8.30am**

Preschooler, Advanced Beginner, Advanced Learner **8.30am – 9am**

Waterbabies, Preschooler, Advanced Preschooler **9am – 9.30am**

Confidence, Beginner, Toddlers **9.30am – 10am**

Beginner Preschooler, Preschooler, Beginner **10am – 10.30am**

SUNDAY

10 lessons: 15 December – 17 December \$110

Beginner, Advanced Beginner, Learner **8am – 8.30am**

Preschooler, Advanced Preschooler, Advanced Learner **8.30am – 9am**

Confidence, Beginner, Advanced Beginner **9am – 9.30am**

Preschooler, Confidence, Advanced Beginner **9.30am – 10am**

Preschooler, Beginner, Learner **10am – 10.30am**

Todd Energy Aquatic Centre Swim School reserves the right to change the instructor if the need arises.

If you have children under eight years attending lessons please DO NOT leave the pool surrounds. Our programme never replaces a parent's vigilance when it comes to children's safety in and around water.

Children under the age of eight must be actively supervised by a caregiver over the age of 16 years.



Visit www.npdc.govt.nz/learntoswim for information on prices, programmes and membership
Phone: 06-759 6060



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Swimming is an asset

Learning to swim has obvious benefits. Did you know it also enhances the social, emotional and physical well-being of your child? Feel comfortable in the knowledge your child will build self esteem while learning essential water survival skills.

Get the most out of swim lessons!

Swimming, like any other physical activity, is based on development levels. Consider swimming year-round to optimise development skills.

Lessons run for 25 minutes.

ADULT LESSONS

No lessons 23 October – Labour Day

MONDAY - 9 lessons (9 Oct – 11 Dec)	\$112.50
Adult Advanced	5.30pm – 6pm
Adult Beginner	5.45pm – 6.15pm

TUESDAY - 10 lessons (10 Oct – 12 Dec)	\$125
Adult Beginner	10am – 10.30am

WEDNESDAY - 10 lessons (11 Oct – 13 Dec)	\$125
Adult Intermediate	5.30pm – 6pm
Adult Beginner	5.45pm – 6.15pm

Our Swim School does not operate on a roll-over system, therefore you will need to re-enrol each term.

**One-on-one lessons available
\$35 per half hour**

**Enquiries at reception or the swim office
06-759 6060
swim.school@npdc.govt.nz**

MONDAY

9 lessons: 9 October – 11 December \$99
No lessons 23 October – Labour Day

Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45pm – 4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15pm – 4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45pm – 5.15pm
Development Squad	4.45pm – 5.30pm
Preschooler, Beginner, Advanced Beginner, Beginner 9 - 16 years	5.15pm – 5.45pm

TUESDAY

10 lessons: 10 October – 12 December \$110

Beginner Preschooler	10.30am – 11am
Preschooler	11am – 11.30am
Advanced Preschooler	11.30am – noon
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45pm – 4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15pm – 4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45pm – 5.15pm
Development Squad	4.45pm – 5.30pm
Confidence, Beginner, Advanced Beginner, Learner	5.15pm – 5.45pm

WEDNESDAY

10 lessons: 11 October – 13 December \$110

Preschooler	10am – 10.30am
Waterbabies	10.30am – 11am
Toddlers	11am – 11.30am
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45pm – 4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15pm – 4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45pm – 5.15pm
Development Squad	4.45pm – 5.30pm
Preschooler, Beginner, Advanced Beginner, Learner	5.15pm – 5.45pm

THURSDAY

10 lessons: 12 October – 14 December \$110

Beginner Preschooler	10am – 10.30am
Toddlers	10.30am – 11am
Preschooler	11am – 11.30am
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45pm – 4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15pm – 4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45pm – 5.15pm
Development Squad	4.45pm – 5.30pm
Confidence, Beginner, Advanced Beginner, Beginner 9 - 16 years	5.15pm – 5.45pm
Development Squad	5.30pm – 6.15pm